



Welcome to the **37th year of The Sport International Hockey Academy** and an exciting upcoming summer of hockey instruction. We have a fantastic 40 hour program (8:15 AM - 4:15 PM) planned for 2026. The following is an overview of our offer for students, aged 6 - 17 yrs (all players grouped by age and ability) **"We Are SIHA & We've Got It All";**

SIHA HOTEL SPONSOR: Choice Hotels

SIHA WEBSITE: <https://siha.com>

SIHA ONLINE REGISTRATION FORM:

https://siha.com/Register/summer_registration.php

SIHA 2026 BROCHURE (pdf):

<https://siha.com/Register/images/SIHA%202026%20Summer%20Brochure%20Final.pdf>

SIHA FACEBOOK PAGE: <https://www.facebook.com/SportInternationalHockeyAcademy>

***NOTE:** Our SIHA camps are very economically priced to accommodate all parents and students. Please feel free to compare our "40 Hour Program" to other camps in your area. We look forward to working with you this summer!

2026 SIHA PROGRAM (including 15 hours of on-ice instruction/week)

POWER SKATING - Offering 1.5 hours of daily Power Skating, emphasizing Forward Stride, Tight Turns, Backwards Skating & Stops & Starts. We run our program at a fast pace with high repetitions (no standing around). We feel that our techniques really enhance the student's posture, balance and agility. "The basis & foundation for a solid hockey player"

PUCKHANDLING - Offering 1.5 hours of daily stickhandling techniques, emphasizing Passing, Shooting, 1 on 1's, 2 on 1's, 2 on 2's and Intro. To Checking (light bumping). Our constantly moving ice maximization drills quickly improves each student's ability to combine skating speed with puck movement in unison. "The key to scoring success"

GOALTENDING INSTRUCTION - Offering 1.5 hours of daily goaltending instruction, emphasizing Stance, Angles, Movement, The Pad Save, The Glove Save & The Break-Away Save. All of our goalies will work one on one with our Goalie Instructor each morning, with a specialized goalie program with experienced shooters to further develop each goaltender's technique and style. All goalies will also receive an additional 1.5 hours of daily afternoon ice, to receive shots from players in practice/game situations to enhance their pressure saves "Preparing each goalie to be the team backbone"

PERSONALIZED VIDEO ANALYSIS PROGRAM - Offering daily individualized computerized digital video analysis to all students, 1 on 1 with our expert staff. We will fully analyze each student's skills (Players & Goalies) in a different daily drill, reinforcing their positive techniques and quickly correcting the areas of improvement. Through the use of Pro Split Screens, "Cut-Out Comparisons", Spot Light Isolation and our telestrator and audio instruction, we feel that every aspect of our student's skills will be thoroughly analyzed - all recorded to a Flash Drive (\$20.00 choice). "Our best guarantee for a quality hockey education"

OFF-ICE SHOOTING: We will be offering "Real Time" video analysis to all students on a daily basis during our off-ice shooting sessions, through the use of our I-Pad Mini device. We will film each student's shooting technique and analyze it with the student immediately to quickly correct any deficiencies. All students will take at least 50 shots per day (different shot each day).

Additional SIHA Daily Features: Russian Training (off-ice conditioning), Off-Ice Shooting (75 shots per day), Lectures (rules, sportsmanship, game tape analysis, NHL "Behind The Scenes"), Recreation and our famous Lunch Program ("Uncle Bob's Cook-Out (burgers & hot dogs)). Finally, all players will compete in our Traditional "Pylon Cup" Game on the last day of camp. We will also offer group and individual competitions for prizes (featuring our very popular Shoot-Out Contest for a Championship SIHA Puck).

SIHA Promotional Video: <https://youtu.be/mgLrM2iWBnM>

Complimentary of SIHA: All students will receive a free camp jersey, week ending Progress Report and an NHL Player Poster.

SIHA STAFF: All staff members are carefully selected current and former college/pro hockey players who are all great with young hockey players and having both, charismatic and professional personal qualities. Our 2026 Staff will be coming from New York, Michigan, Illinois & Maryland. All students will be fully supervised throughout the day, both on and off the ice and in the dressing room.

SIHA STAFF TRAINING CAMP: Our staff will be fully trained at our Annual Staff Training Camp in Canton, Ohio (June 8 - 12) to properly train our staff before beginning their 2026 Instructional Tour. We understand the importance of a strong instructional staff and we will ensure that everyone is thoroughly prepared before working with our young aspiring hockey players!

We look forward to seeing you this summer for our 37th Instructional Tour and an exciting camp experience. If you should have any questions, please feel free to either call our New York Head Office at 1-800-724-6658 or via e-mail at info@siha.com Enjoy the remainder of your hockey season, we'll see you soon!

Very Sincerely,
Bob Baldwin
President