



Happy New Year From SIHA!

As we have now entered the New Year, The Sport International Hockey Academy has also started preparing for our 35th summer of hockey instruction. We are currently finalizing our 2024 staff to ensure that we will have an excellent instructional core, to work with our students this summer. Our main goal each year, is to offer every player a quality hockey education, combining an even mix of hard work and fun!

All of our camps offer a full day program, student drop-off is at 8:15 AM and pick-up is at 4:15 PM, which is designed to assist our working parents, during the summer months. We offer our program to students aged 6 - 17 yrs. (we do accept 5 year old hockey players, if they have fairly decent skating skills).

NEW FOR 2024

1. On-Ice Program: All new on-ice drills including; New Shooting Drills, New Puckhandling Drills & European Flow Drills as well as New Attack Triangle Drills & Tire Drills (using tires to enhance puck protection and tight turns with the puck)

2. Video Analysis: New Pro Videos, new cut-out comparisons along with our expert audio analysis and computer split screens. Clearly our best guarantee for a quality hockey education! You may purchase your Individualized take-home Flash Drive of your entire weekly video analysis (\$20.00). The video files that will be recorded to your Flash Drive, will be MP4 files that may be easily transferred to your Laptop, Desktop Computer or TV and may be viewed on any Media Player. **Sample Player Video Analysis;** <https://youtu.be/tf7cCHiMes8>

3. Goalie Program: SIHA travels a Goalie Instructor to each of our summer locations. We will be offering new drills including; The Tip-Shot Save, Screen Shot Saves, Post To Post Drills, Passing Drills & Rebound Save Drills. We will also be offering new video analysis techniques, including Cut-Out Analysis and Split Screen Pro Comparisons. Our Goalie Program will include; Stance & Angles, The Pad Save, The Glove Save and The Break-Away Save. Please view a sample of our Goalie Video Analysis offer and a video clip of our Goalie Program; **Sample Goalie Video Analysis;** https://youtu.be/z7uS1_Jblbo

4. Off-Ice Shooting Program: We will be bringing back our I-Pad video analysis program, analyzing each student's off-ice shooting techniques on a daily basis. This will be a great way for each student to see their technique on video immediately, along with our instructor's feedback to correct the various shot executions, on the spot. Please view our Off-Ice Shooting Promotional Clip; <https://youtu.be/bJ6ydf98FYU>

5. Russian Training: SIHA offers daily off-ice training which is specifically targeting the development of both hockey muscles and hockey skills in an off-ice environment. We conduct all of our exercises and drills with music to create rhythm, while increasing coordination, quickness and agility. **Here is a sample video clip of our Russian Training Program;** <https://youtu.be/njtxEpo5gUk>

6. SIHA Staff: We will have several returning staff members for our 2024 Instructional Tour; Benjamin Bondranko (Holly Springs, NC), Cameron Klein (Union, OH), Kyle O'Brien (Buffalo, NY), Mateo Starace (Vienna, VA), Matt Duffy (Rockville, MD), Thomas Sprague (Rockville, MD) & Bob Baldwin (Rochester, NY). Our staff members are all hand selected individuals who are terrific with young hockey players and dedicated to improving their skill development.

SIHA 5 Min. Promo Video (NEW); https://youtu.be/xD_Ssl2tLTs

Our SIHA web site <https://siha.com> has been updated for 2024 and we are currently receiving applications for our summer program. Please feel free to review our website to see all of the smiling faces from our past camps.

We are currently offering a 5% Early Bird Discount until March 15/2024 (single city choice) We are also offering a 10% Multiple Week Discount (2 or more SIHA weeks chosen) - Only 1 Discount per transaction is permitted

You may register online for our 2024 camps, by clicking on the following link; https://siha.com/Register/summer_registration.php

SIHA 2024 Summer Brochure (PDF): <https://siha.com/Register/images/SIHA%202024%20Summer%20Brochure-0.pdf>

SIHA Facebook Page: <https://www.facebook.com/SportInternationalHockeyAcademy>

We look forward to a great 35th year and bringing The Sport International Hockey Academy to your hockey community for another exciting instructional camp for players aged 6 - 17 yrs. (all students grouped by age and ability). If you should have any questions, please either call 1-800-724-6658 or e-mail us at info@siha.com. Thank you for your time and we wish you a very happy & healthy New Year!

Very Sincerely,
Bob Baldwin
President