Sport International Hockey Academy

"Always Working Hard & Having Fun"



RUSSIAN TRAINING

The key to becoming a well rounded hockey player is off-ice conditioning. We will teach all students the importance of preparing themselves physically through our "Russian Training" program. All drills are specifically designed to strengthen hockey muscles, improve stickhandling skills and introduce plyometric & isometric exercises to each student, daily.

OFF-ICE SHOOTING



Each student will experience our SIHA Shooting Gallery, on a daily basis. Our expert staff will instruct the fundamental skills associated to the following shots: wrist, backhand, snap & slap shots. All shots will be executed through a wide variety of targets, for increased accuracy. We will also be filming and analyzing each student's shot, through the use of iPad technology.



RECREATION

All students will have a chance to switch gears each day, with fun hockey specific recreational games. Our staff likes to play with the kids, for added competition. "All hard work, must be rewarded with fun."

BOX HOCKEY

SIHA offers a box hockey session to all students, which is a great way to build stickhandling skills and a fun group competition. Box hockey is also an upper body development exercise.





LECTURES

SIHA offers daily lectures including; rules discussion, positional play, sportsmanship, off-ice training, and game-tape analysis. All lectures are conducted through the use of our computer and projector for stronger emphasis.

PYLON CUP GAME

Sport International offers our very popular "Pylon Cup Game" at the end of each camp, showcasing each player's new talents from a week of hard work. Our Pylon Cup Game is a 38 year tradition, featuring an SIHA Referee, scoreboard & upbeat music. We invite family & friends to enjoy the Pylon Cup Game, and to be in attendance for Closing Ceremonies.



LUNCH PROGRAM

SIHA understands the importance of a quality lunch program. Each student will have the opportunity to sign-up for our famous SIHA lunch menu including:

LUNCH MENU

Mon: Pizza, Chips, Dessert & Juice
Tues: "Uncle Bob's Famous Cook-Out" featuring Mouth Watering Cheeseburgers, Hot Dogs, Snacks, Salad & Juice
Wed: Sub Sandwich (Ham or Turkey) Chips, Dessert & Juice
Thurs: "Uncle Bob's Power Play Picnic" featuring Breaded Chicken Patties on a Bun, Chips, Salad & Juice
Fri: Pizza, Chips, Dessert & Juice

***We will offer a fruit bowl each day with lunch (apples, bananas, & fruit cups)**

Lunch Program Pricing:
Youth Meal: (single serving) $55.00
Big Kid Meal: (2nd serving of main course daily) $70.00
To register for our Lunch Program, you may sign-up on our accompanied application page. Please indicate either "Youth Meal" or "Big Kid Meal".

*NOTE: **Fairport, and Rochester Students** will incur an additional $10.00 catering charge for their lunch program. **Rockville Students** will incur an additional $20.00 catering charge for their lunch program.

Sport International Hockey Academy

"Highly Energized & Fast-Paced, Instructional On-Ice Program"



POWER SKATING

SIHA will be conducting a ninety minute, highly intense power skating program each day. Every player will be constantly motivated in the following skill categories: Forward Stride, Backwards Skating, Stops & Starts & Tight Turns. Shooting and Puckhandling will also be incorporated into our power skating program. Our main instructional goal will be to increase each student's balance, edge control, posture and confidence.

PUCKHANDLING & SHOOTING



SIHA will run a very fast moving, European style puckhandling session each day. All drills are creatively designed to increase foot speed, stick quickness and shooting accuracy. Areas of concentration will include: passing, shooting,1 on 1's, 2 on 1's and checking drills. Scrimmages offered, if students work hard throughout their daily events.



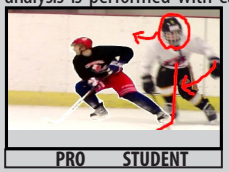
GOALIE ACADEMY

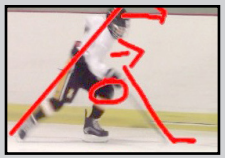
Our goaltending instruction is considered to be one of the most well balanced programs in the country. Each goalie will receive daily goaltending instruction in the following skill areas; stance & angles, glove saves, pad saves & break-away saves. All goalies will also be tested in a series of standardized drills, giving them a national average to reflect their overall skill level.

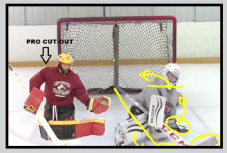
PROFESSIONAL DIGITAL VIDEO ANALYSIS



Sport International is recognized as the North American leader, regarding our individualized video analysis technique. SIHA's computerized motion analysis is performed with each student on a daily basis. Our video analysis will include the following techniques; Professional Drill Demonstration by NHL Players, Telestrator and Audio Analysis of 4 Different Skills (players & goalies). Each player will see their skill side by side with our demo pro, through the use of our computerized split screen technique. Our entire video analysis process and pro video drills will be recorded to MP4 computer transferable files. The cost for your video on a Flash Drive analysis will be $20.00.







Our SIHA Goalie program offers daily video analysis, utilizing cut-out comparisons, pro split screens, spotlight isolation, audio analysis, and X-Ray cut-out techniques, for all goaltenders ($20.00 Flash Drive). Our expert Goalie Instructors will conduct a daily video analysis session with each goalie to further develop the following skills: Stance, Angles & Movement, The Pad Save, The Glove Save, & The Break Away Save. Our SIHA Goaltending instruction is considered to be the most well rounded program in the country.

SIHA Video Analysis

"Clearly Our Best Guarantee For A Quality Hockey Education."



- Power Skating
- Puck Handling
- Video Analysis
- Goalie Instruction
- Off-Ice Shooting
- Lectures
- Recreation
- Russian Training

Official SIHA Hotel Sponsor: Comfort Inn by Choice Hotels

Register online: SIHA.COM

1.616.295-3408

Sport International is tax deductible (day care).

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www.facebook.com/SportInternationalHockeyAcademy

Sport International Registration Policies & General Information

Registrations
All deposits are non-refundable. Mail your application (50% deposit) to:
S.I.H.A, P.O. Box 8132, Kentwood, MI 49518

Registration Policy
Applications should be received by our Head Office in Rochester, NY, 15 days prior to the player's scheduled location. Any further questions may be directed to our head office at 1-616-295-3408.

Confirmation Letter
Once your application has been received by our New York Head Office, a confirmation letter will be returned to you within seven business days. If you apply online at www.siha.com, your receipt and confirmation letter will be sent to you immediately via e-mail. Please note: each player will be responsible for supplying their own equipment.

Cancellation Policy
The Sport International Hockey Academy reserves the right to withhold all tuition monies in the event of a cancellation prior to the players scheduled week. Should the cancellation be due to a doctor approved medical reason, the student would then be entitled to a credit toward any future Sport International summer or winter program. In the extreme situations, a monetary refund may be chosen, however a $100.00 administration fee will be deducted from the refund. Refunds will not be considered regarding any issues, within 2 weeks prior to your chosen week (future credit only).

Academy Orientation
All parents and students will be required to meet on the Sunday night prior to the student's specified week at 7:00 PM to meet the staff and to go over the schedule of events. Additional orientation info will be mailed/e-mailed to you upon your registration.

Tuition Includes
SIHA Practice Jersey • Graduation Certificate • Player's Manual • Personal Progress Report
And a few surprises . . .

Make Sport International a complete part of your summer experience! Work hard, have fun!

Sport International Typical Day - 40 Hour Program

1-616-295-3408

8:30 am - 9:00 am	Dressing Room	
9:00 am - 10:30 am	On-Ice Power Skating	(Forward Stride, Backward Skating, Stops, Starts, Tight Turns & Checking)
10:45 am - 11:20 am	Individualized Video Analysis (Computerized Motion Analysis)	
11:20 am - Noon	**Lunch**	
Noon - 12:40 pm	Off-Ice Shooting	(Wrist, Backhand, Snap and Slap Shots)
12:40 pm - 1:00 pm	Dressing Room	
1:00 pm - 2:30 pm	On-Ice Puckhandling	(Passing, Shooting, 1 on 1's, 2 on 1's, & Controlled Scrimmages)
2:45 pm - 3:30 pm	Russian Circuit Training & Recreation (Alternating Daily)	
3:30 pm - 4:15 pm	Lectures - Rules Test, Sportsmanship, Offensive Attack Plays, Game Preparation	

*** All players will be grouped according to age & skill level**

SIHA SPECIAL FEATURES

Off-Ice Shooting iPad Analysis-Our SIHA staff will video analyze each player's shooting technique.



Student Survey Day-Each student will be tested in a series of on and off-ice drills to be compared to their group and U.S. averages, including radar gun speed check.





Full Supervision - All SIHA students will be fully supervised throughout their camp week.



Shoot-Out Contest- All SIHA students will compete to be their group's shoot-out contest champion (prizes given).

WE ARE SIHA AND WE'VE GOT IT ALL

2027 SUMMER TOUR REGISTRATION

Please Complete All Information. PLEASE PRINT.

Student's Name:_____
Address:_____
City:_____ State:_____ Zip:_____
E-mail:_____(for conf. letter/receipt)
Home Phone:_____Work Phone:_____
Health Insurance Company:_____
Medical History (medical issues within the past 2 years.)_____
_____
Doctor's Name:_____
Emergency Contact:_____Emergency Phone:_____

Height:_____
Weight:_____
Birthdate:_____
Academy Hockey Position:
Forward____Defense____Goalie____
Present Hockey Level:
Travel____House____Beginner____
Present Hockey Organization:
_____

2027 Sport International Locations, Tuition And Dates. Please Mark Your Choice(s)

❑	May 31 – June 4	Canton, OH - Center Ice Sports Complex	$365.00	❑	July 12 – 16	Rockville, MD – Rockville Ice Arena	$625.00
❑	June 7 - 11	Canton, OH – Center Ice Sports Complex	$375.00	❑	July 12 – 16	Fairport, NY – Rochester Ice Center	$400.00
❑	June 7 - 11	Strongsville, OH – Brunswick Auto Mart Arena	$400.00	❑	July 19 - 23	Easton, MD – Talbot County Ice Center	$450.00
❑	June 14 - 18	Rockville, MD – Rockville Ice Arena	$625.00	❑	July 19 - 23	Buffalo, NY – Leisure Rinks	$350.00
❑	June 14 - 18	Cincinnati, OH – Queen City Sportsplex	$465.00	❑	July 26 – 30	Hershey, PA – Hersheypark Arena	$405.00
❑	June 21 – 25	Newark, DE – Patriot Ice Center	$500.00	❑	July 26 – 30	Baldwinsville, NY – Three Rivers Athletic Complex	$425.00
❑	June 21 – 25	Reston, VA – SkateQuest of Reston	$585.00	❑	August 2 - 6	Rockville, MD – Rockville Ice Arena	$625.00
❑	June 28 – July 2	Rockville, MD – Rockville Ice Arena	$625.00	❑	August 9 - 13	Buffalo, NY – Leisure Rinks	$350.00
❑	June 28 – July 2	Reisterstown, MD – Reisterstown Sportsplex	$475.00	❑	August 16 - 20	Buffalo, NY - Leisure Rinks	$350.00
❑	July 5 – 9	Yorktown, VA – Chilled Ponds at Yorktown	$510.00	❑	August 23 - 27	Rochester, NY - Lakeshore Hockey Arena	$395.00
❑	July 5 – 9	York, PA - York City Ice Arena	$450.00				

***All Tuition Costs Are Based On Ice Prices In Each Individual City.**

Choose (circle) Your Jersey Size: YOUTH: Large ADULT: Small Medium Large XL XXL

Please Indicate & Calculate Your Method and Amount of Payment For Our 2027 Instructional Tour

Tuition Payment (minus max. available discount, limit 1): $_____
+ "Youth Meal" Lunch ($50.00): $_____
+ "Big Kid Meal" Lunch ($70.00): $_____
+ Flash Drive Individual Skill Analysis ($20.00) $_____

***NOTE: Fairport and Rochester Students Only: Add $10 catering surcharge to your total.**
Rockville Students Only: Add $20 catering surcharge to your total. $_____

Total Payment = $_____

Please Register Me for the Following Extras

❑ Flash Drive (Thumb Drive) Individual Professional Skill Analysis - MP4 Computer Transferable Files ($20.00)
❑ Lunch program "Youth Meal" ($50.00)
❑ Lunch program "Big Kid Meal" ($70.00)

***NOTE: Fairport and Rochester Students: Add $10 catering surcharge to your lunch choice.**

***NOTE: Rockville Students: Add $20 catering surcharge to your lunch choice.**

AVAILABLE DISCOUNTS (Please Mark Your Discount for Credit)
One Discount Max. Per Transaction

❑ 7% Very Early Bird Discount (Tuition must be paid in full by Dec. 31, 2026)
❑ 5% Early Bird Discount (Full/One Time payment before March 15, 2027)
❑ 10% Multiple City Discount (2 or more chosen weeks)
❑ 7% Group Discount (7 or more players in a group-must be faxed/mailed together)
❑ 5% "Family" Discount (2 or more family members-must be faxed/mailed together)

Additional Brochures Requested for Friends:

❑ Please Mail Me _____# of Brochures

❑ Check / Money Order: $_____ ❑ Visa ❑ Master Card ❑ Discover $_____ (50% nonrefundable deposit minimum)

Credit Card Holder's Name: _____ Credit Card #:_____CVV/Security Code:_____Exp. Date:_____
(3 or 4 digit code on back of card)

Credit Card Holder's Billing Address:_____ Credit Card Holder's Signature: _____

Waiver Claim: Acknowledging that ice hockey is a contact sport, I agree that SIHA, LLC., its agents, servants and employees shall not be liable to me for any injury, communicable disease or damage resulting directly or indirectly from my participation in ice skating and ice hockey, whether incurred on the ice or otherwise in or about the buildings. I further agree that I discharge SIHA, LLC., its agents, servants and employees from all actions, claims and demands I may have for any injury or damage. I understand that my said agreements, release and discharge shall bind by heirs, legal representatives and assigns and shall insure to the benefit to SIHA, LLC., its agents, servants and employees and their successors and assigns. It is further agreed that SIHA, LLC., does not and shall not be considered to guarantee/warrant such equipment as may be used in the conducting of said program. I also give my consent to the Sport International Hockey Academy to treat my son/daughter at their discretion, in case of any emergency incident that may arise throughout the instructional week. SIHA, LLC., reserves the right to use any pictures & videos taken during the program for research, instruction and/or advertising.

PARENT/GUARDIAN SIGNATURE X _____ DATE_____

Mail Application to: S.I.H.A., P.O. Box 8132, Kentwood, MI 49518 **Call For More Info: 1-616-295-3408** **Register Online: siha.com**