



As spring has finally sprung, The Sport International Hockey Academy is also gearing up for an exciting 35th year of hockey instruction with a fantastic hockey camp lined up for this summer.

Registrations have been coming in quickly this year (many of our camps are already full). To avoid disappointment, please register early! We do limit registrations to ensure a quality hockey camp experience.

40 Hour Program: (8:15 AM - 4:15 PM (Mon. - Fri.)) - For Ages: 6 - 17 yrs. (all players grouped by age and ability)

If you would like to register quickly: Please click on the following On-line Registration Link; https://siha.com/Register/summer_registration.php

To View Our Web Site; <https://siha.com>

To View Our 2024 Summer Brochure (PDF):

<https://siha.com/Register/images/SIHA%202024%20Summer%20Brochure-0.pdf>

2024 SIHA PROGRAM

1. **On-Ice Program:** Our on-ice drills are specifically designed to continually challenge our students with a high rate of repetitions (no standing around). All students will work on the following skills; **POWER SKATING:** Forward Stride, Tight Turns, Backwards Skating, Stops & Starts and **PUCKHANDLING:** Passing, Shooting, 1 on 1's, 2 on 1's, 2 on 2's & Intro. To Checking. We will also be offering a "Shoot-Out Challenge" for each group, to crown our Shoot-Out Champions - prizes available!

2. **Video Analysis:** New Pro Videos, new cut-out comparisons. Each student will be video analyzed in a different drill, each day. All video analysis recordings will be transferred as MP4 computer files and placed on each student's take-home Flash Drive (\$20.00 Choice). Clearly our best guarantee for a quality hockey education!

3. **Goalie Program:** We will be offering new drills including; The Tip-Shot Save, Screen Shot Saves, Post To Post Drills, Passing Drills & Rebound Save Drills. We will also be offering new video analysis techniques, including Pro Cut-Out Analysis. As a side note, we travel a Goalie Instructor to each of our SIHA locations.

4. **Off-Ice Shooting Program:** Through the use of our SIHA I-Pads, our staff will be able to video analyze all student's off-ice shots, on a daily basis (video telestration and slow

motion replay). All students will shoot approximately 500 pucks over the course of the week (Wrist, Snap, Slap & Backhand Shots).

5. Off-Ice Program: We will be conducting, fully supervised daily lectures, recreation and Russian Training (off-ice conditioning) to enhance our student's SIHA experience, offering an even balance of hard work and fun on a daily basis.

2024 SIHA STAFF MEMBERS:

Peter Buffone - Niagara Falls, NY (SUNY Brockport)

Benjamin Bondranko - Raleigh, NC (Wake Tech. College)

Kyle O'Brien - Orchard Park, NY, (Buffalo State University)

Samuel Muir - Rochester, NY (Quinnipiac University)

Nicholas Andrade - Rochester, NY (SUNY Brockport)

Mateo Starace - Reston, VA (Reston Raiders)

Riordan Sjovold - Canton, OH (Gilmour Academy)

Bob Baldwin - Montreal, Quebec (SIHA President/Founder)

NOTE: We will be conducting our Annual Staff Meeting in Canton, Ohio (June 3 - 7), to properly train all staff members for our 35th summer. We will also be conducting a week long youth camp in Canton, to give all of our staff members an opportunity to practice their teaching skills, before hitting the road for an exciting summer of hockey instruction.

We thank you for your time, regarding our April Newsletter. We look forward to a great summer of hockey instruction, we'll see you soon!

Very Sincerely,
Bob Baldwin